

READ AND PRAY

QUIET TIME PLAN

"COME, ALL YOU WHO ARE THIRSTY, COME TO THE WATERS, AND YOU WHO HAVE NO MONEY, COME, BUY AND EAT! COME, BUY WINE AND MILK WITHOUT MONEY AND WITHOUT COST.

WHY SPEND MONEY ON WHAT IS NOT BREAD, AND YOUR LABOR ON WHAT DOES NOT SATISFY? LISTEN, LISTEN TO ME, AND EAT WHAT IS GOOD, AND YOUR SOUL WILL DELIGHT IN THE RICHEST OF FARE.

GIVE EAR AND COME TO ME, HEAR ME, THAT

"SEE, I HAVE MADE HIM A WITNESS TO THE PEOPLES, A LEADER AND COMMANDER OF THE PEOPLES. SURELY YOU WILL SUMMON NATIONS YOU KNOW NOT, AND NATIONS THAT DO NOT KNOW YOU WILL HASTEN TO YOU, BECAUSE OF THE LORD YOUR GOD, THE HOLY ONE OF ISRAEL. FOR HE HAS ENDOWED YOU WITH SPLENDOR, SEEK THE LORD WHILE HE MAY BE FOUND, CALL ON HIM WHILE HE IS NEAR.

LET THE WICKED FORSAKE HIS WAY AND THE EVIL MAN HIS THOUGHTS.

THE THIRTY-FIVE MINUTE QUIET TIME

1.READY	:03
2.READ	:10
3.REFLECT	:03
4.RECORD	:03
5.RESOLVE	:02
6.REMEMBER.	:04
7.REPLY	:10



READ
AND
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QUIET TIME PLAN

READY
: 03

"COME, ALL YOU WHO ARE THIRSTY, COME TO
THE WATERS, AND YOU WHO HAVE NO MONEY,
COME, BUY AND EAT! COME, BUY WINE AND
MILK WITHOUT MONEY AND WITHOUT COST.

WHY SPEND MONEY ON WHAT IS NOT BREAD,
AND YOUR LABOR ON WHAT DOES NOT SATISFY?
LISTEN, LISTEN TO ME, AND EAT WHAT IS
GOOD, AND YOUR SOUL WILL DELIGHT IN THE
RICHEST OF FARE.

YES, I HAVE MADE HIM A WITNESS TO THE
PEOPLES, A LEADER AND COMMANDER OF THE
PEOPLES. HEED YOU, WILL YOU MOUNT NATIONS
YOU KNOW NOT, AND NATIONS THAT DO NOT
KNOW YOU WILL HASTEN TO YOU, BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL. FOR HE HAS KNOWN YOU WITH
STRENGTH. SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

*Open my eyes, that I
may behold wondrous
things out of your law.*

—PSALM 119:18

READ
AND
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QUIET TIME PLAN

READ
: 10

"COME, ALL YOU WHO ARE THIRSTY, COME TO
THE WATERS, AND YOU WHO HAVE NO MONEY,
COME, BUY AND EAT! COME, BUY WINE AND
MILK WITHOUT MONEY AND WITHOUT COST.

WHY SPEND MONEY ON WHAT IS NOT BREAD,
AND YOUR LABOR ON WHAT DOES NOT SATISFY?
LISTEN, LISTEN TO ME, AND EAT WHAT IS
GOOD, AND YOUR SOUL WILL DELIGHT IN THE
RICHEST OF FARE.

YES, I HAVE MADE HIM A WITNESS TO THE
PEOPLES, A LEADER AND COMMANDER OF THE
PEOPLES. BEHOLD HIM, WILL YOUNG NATIONS
YOU KNOW NOT, AND NATIONS THAT DO NOT
KNOW YOU WILL BOW TO YOU, BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL. FOR HE HAS KNOWN YOU WITH
STRENGTH. SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air.

—1COR 9:25-26

*Turn my heart toward your statutes
and not toward selfish gain. Turn my
eyes away from worthless things;
preserve my life according to your
word*

—PSALM 119:36-37

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REFLECT
: 03

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THE WATERS, AND YOU WHO HAVE NO MONEY,
COME, BUY AND EAT! COME, BUY WINE AND
MILK WITHOUT MONEY AND WITHOUT COST.

WHY SPEND MONEY ON WHAT IS NOT BREAD,
AND YOUR LABOR ON WHAT DOES NOT SATISFY?
LISTEN, LISTEN TO ME, AND EAT WHAT IS
GOOD, AND YOUR SOUL WILL DELIGHT IN THE
RICHES OF FAITH.

YES, I HAVE MADE HIM A WITNESS TO THE
PEOPLES, A LEADER AND COMMANDER OF THE
PEOPLES. HEED YOU, WILL YOMMON NATIONS
YOU KNOW NOT, AND NATIONS THAT DO NOT,
KNOW YOU WILL BASTEN TO YOU, BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL. FOR HE HAS KNOWN YOU WITH
STRENGTH, SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

Psalm 119:27

*Cause me to
understand the
way of your
precepts, that I
may meditate on
your wonderful
deeds.*

- › PICTURE IT
- › PARAPHRASE IT
- › PERSONALIZE IT
- › PRAY IT

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RECORD
: 03

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WHY SPEND MONEY ON WHAT IS NOT BREAD,
AND YOUR LABOR ON WHAT DOES NOT SATISFY?
LISTEN, LISTEN TO ME, AND EAT WHAT IS
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YES, I HAVE MADE HIM A WITNESS TO THE
PEOPLES, A LEADER AND COMMANDER OF THE
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YOU KNOW NOT, AND NATIONS THAT DO NOT
KNOW YOU WILL BASTEN TO YOU. BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL, FOR HE HAS KNOWN YOU WITH
STRENGTH. SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

- › PROMISE TO CLAIM
- › COMMAND TO OBEY
- › SIN TO AVOID/CONFESS
- › EXAMPLE TO IMITATE/AVOID
- › TRUTH TO BELIEVE
- › QUESTION TO RESOLVE
- › CHANGE TO EMBRACE.

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RESOLVE
: 02

"COME, ALL YOU WHO ARE THIRSTY, COME TO
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WHY SPEND MONEY ON WHAT IS NOT BREAD,
AND YOUR LABOR ON WHAT DOES NOT SATISFY?
LISTEN, LISTEN TO ME, AND EAT WHAT IS
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YES, I HAVE MADE HIM A WITNESS TO THE
PEOPLES, A LEADER AND COMMANDER OF THE
PEOPLES. HEED YOU, WILL YOU MON NATIONS
YOU KNOW NOT, AND NATIONS THAT DO NOT
KNOW YOU WILL BASTEN TO YOU, BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL. FOR HE HAS KNOWN YOU WITH
STRENGTH, SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

*But solid food is for the mature,
for those who have their powers
of discernment trained by
constant practice to distinguish
good from evil.*

—HEBREWS 5:14

*Do not merely listen to the
word, and so deceive yourselves.
Do what it says.*

—JAMES 1:22-23

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REMEMBER
:04

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PEOPLES. HEED YOU, WILL YOU MONARCH NATIONS
YOU KNOW NOT, AND NATIONS THAT DO NOT
KNOW YOU WILL BASTEN TO YOU, BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL. FOR HE HAS KNOWN YOU WITH
STERNOR, SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

*Pay attention and turn your ear to the sayings
of the wise; apply your heart to what I teach,
18 for it is pleasing when you keep them in
your heart and have all of them ready on
your lips. 19 So that your trust may be in the
Lord, I teach you today, even you.*

—PROVERBS 22:17-19

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REPLY
: 10

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PEOPLES, A LEADER AND COMMANDER OF THE
PEOPLES. HEED YOU, WILL YOU MONARCHS
YOU KNOW NOT, AND NATIONS THAT DO NOT,
KNOW YOU WILL BASTEN TO YOU, BECAUSE OF
THE LORD YOUR GOD, THE HOLY ONE OF
ISRAEL. FOR HE HAS KNOWN YOU WITH
STRENGTH. SEEK THE LORD WHILE HE MAY BE
FOUND, CALL ON HIM WHILE HE IS NEAR.

- *Our Father in heaven, hallowed be your name.*
- *Your kingdom come, your will be done, on earth as it is in heaven.*
- *Give us this day our daily bread,*
- *and forgive us our debts,*
- *as we also have forgiven our debtors.*
- *And lead us not into temptation,*
- *but deliver us from evil.*

› ADORATION

› CONFESSION

› THANKSGIVING

› SUPPLICATION

› PRAISE

› CONFESS

› THANK

› REQUEST

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